

TFK Extra!

A SUPPLEMENT TO TIME FOR KIDS

HRSA's National Bullying
Prevention Campaign

VOLUME 3

Cool
COMICS
Inside!

**STOP
BULLYING
NOW!**
TAKE A STAND. LEND A HAND.



www.stopbullyingnow.hrsa.gov



U.S. Department of Health and Human Services
HRSA
Health Resources and Services Administration

WHAT DO you mean?

Words can be very hurtful. Sometimes people don't realize that what they're saying will have such an impact. Other times, people may make mean comments intentionally.



ACTIVITIES
BULLYING
CLASSMATES
CONFIDENT

FORGIVE
FRIENDS
FRIENDSHIP
HEALTHY

HELPFUL
KINDNESS
LESSON
OUTGOING

SCHOOL
SHARE
SPORTS
TEAMWORK

In the spaces below, make a list of negative or hurtful words that you have heard in your school's hallways and classrooms. Come up with a good antonym to counter that word.

WORD

ANTONYM

Example:

Loser

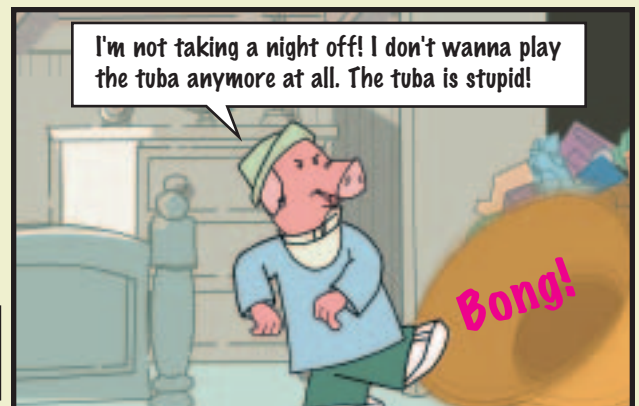
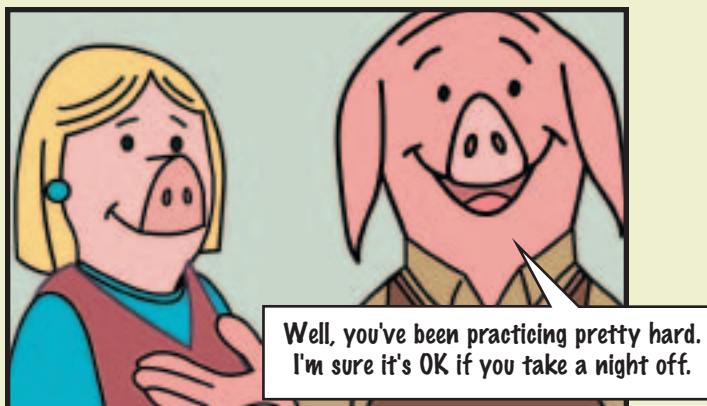
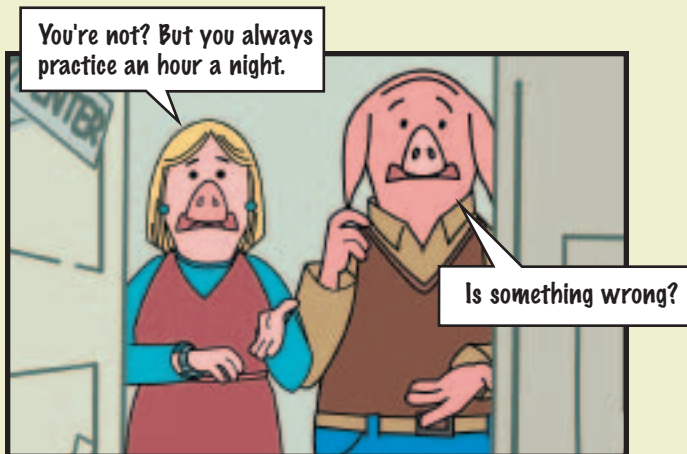
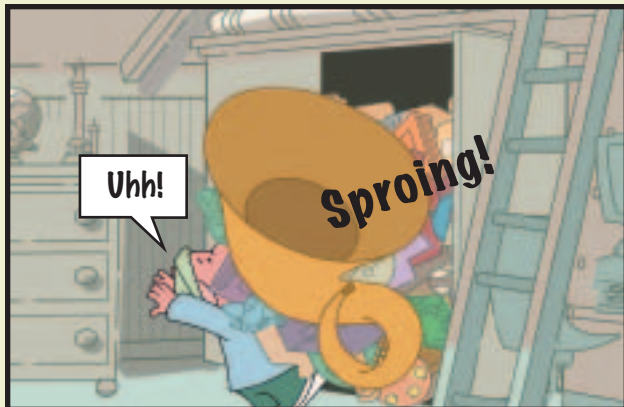
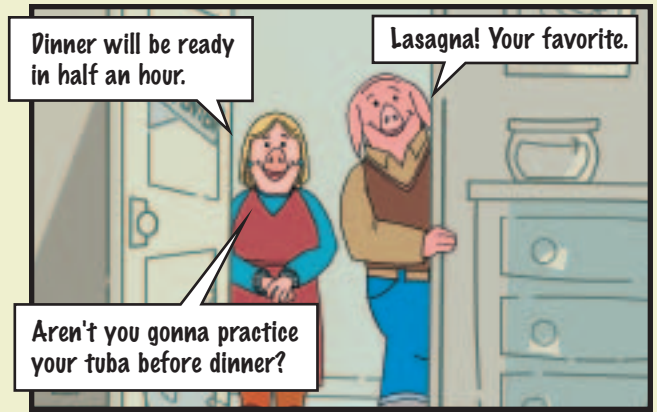
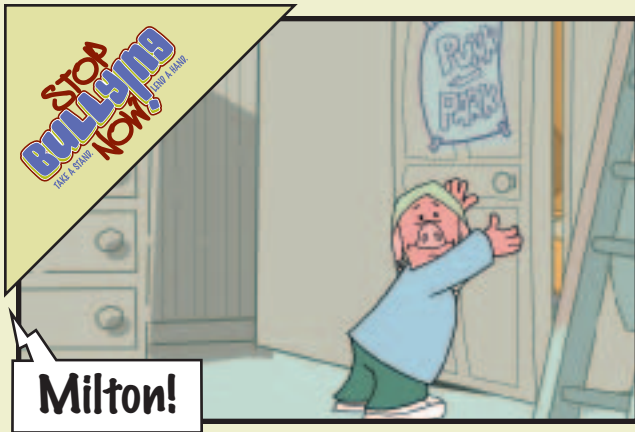
Winner

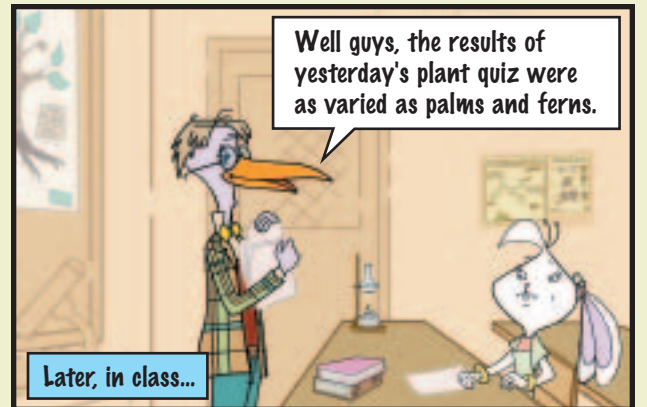
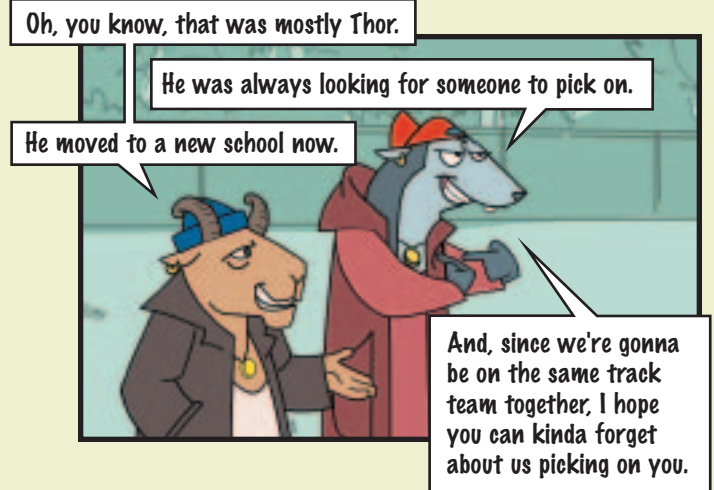
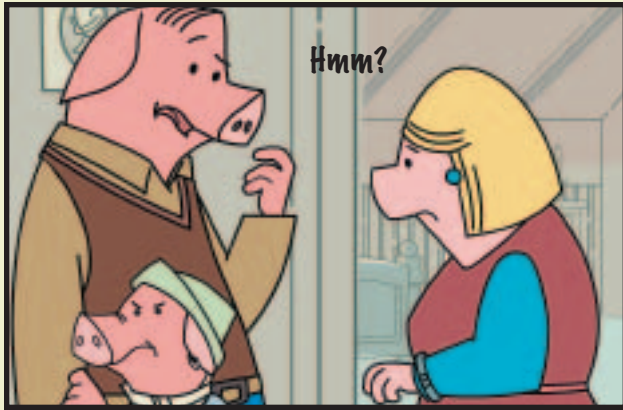
1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____

BONUS:



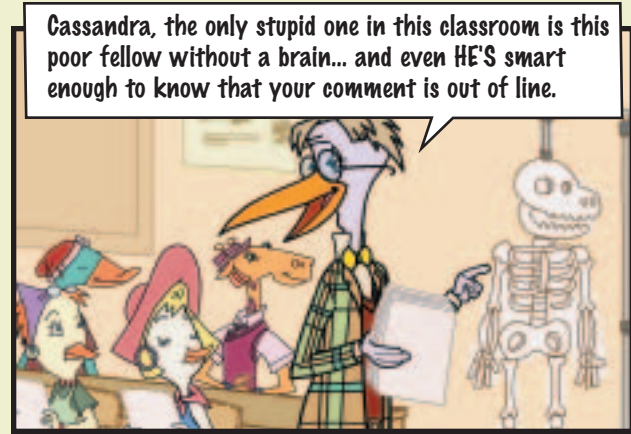
Together with your class, make a list of words that students in your school should think twice before saying.



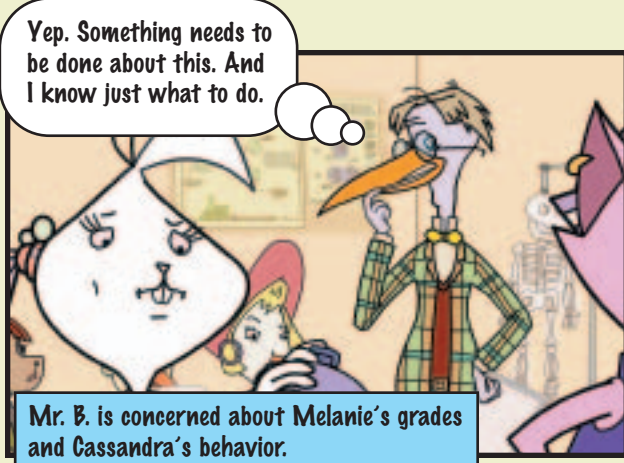




You'd have to be stupid not to ace this one. I bet K.B. blew it.

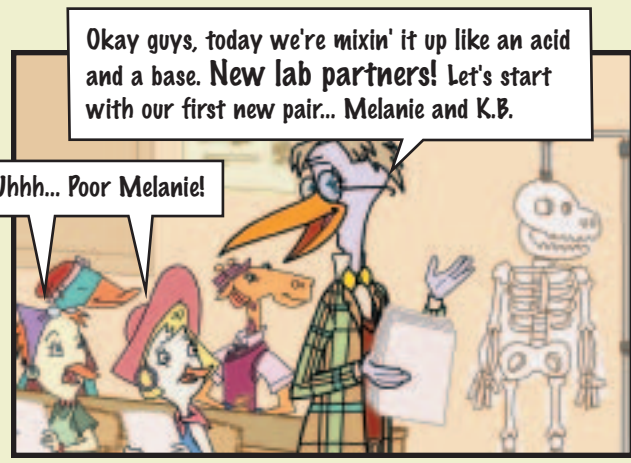


Cassandra, the only stupid one in this classroom is this poor fellow without a brain... and even HE'S smart enough to know that your comment is out of line.



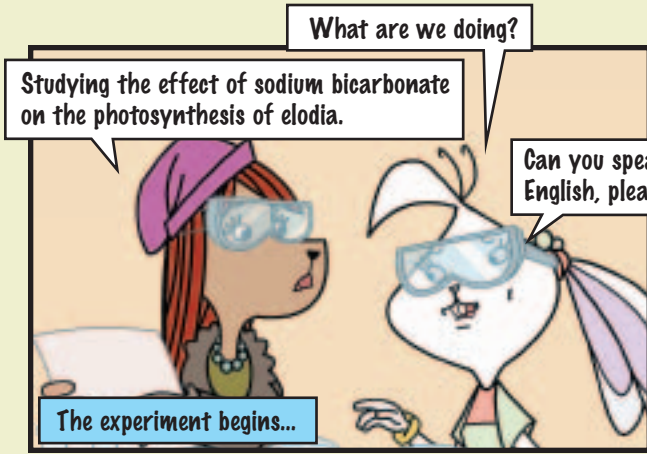
Yep. Something needs to be done about this. And I know just what to do.

Mr. B. is concerned about Melanie's grades and Cassandra's behavior.



Okay guys, today we're mixin' it up like an acid and a base. **New lab partners!** Let's start with our first new pair... Melanie and K.B.

Uhhh... Poor Melanie!



What are we doing?

Studying the effect of sodium bicarbonate on the photosynthesis of elodia.

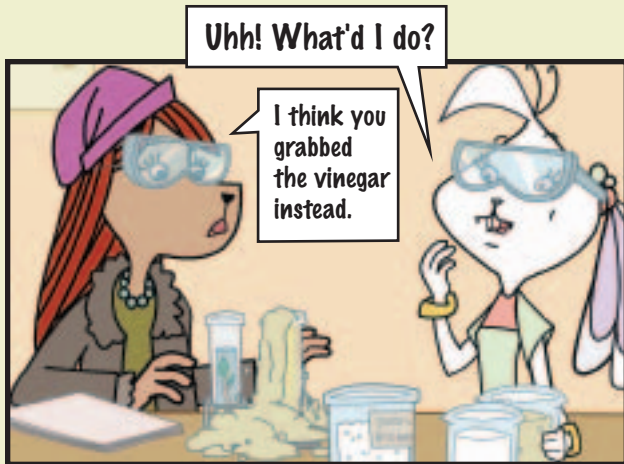
Can you speak English, please?

The experiment begins...

Basically we're just mixing baking soda and water and feeding it to a plant. This will create carbon dioxide and speed up the plant's growth. Pretty cool, huh? This one needs a little more water.

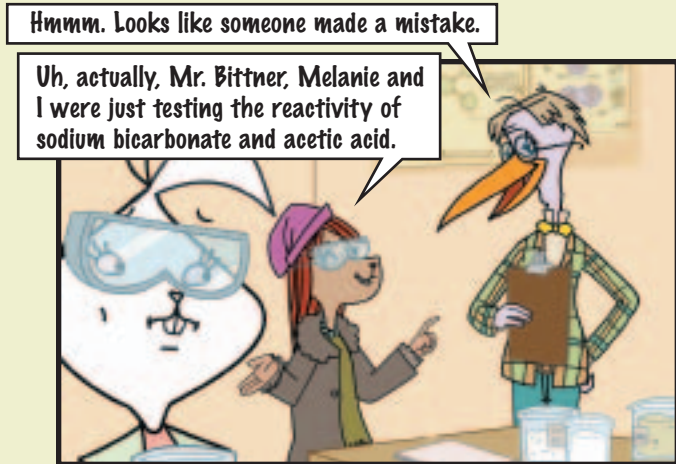


I got it...



Uhh! What'd I do?

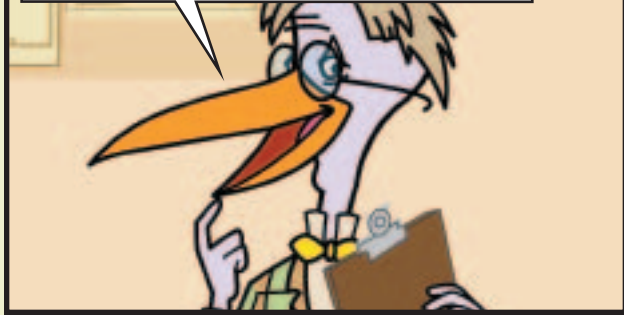
I think you grabbed the vinegar instead.



Hmmm. Looks like someone made a mistake.

Uh, actually, Mr. Bittner, Melanie and I were just testing the reactivity of sodium bicarbonate and acetic acid.

Well, that wasn't exactly the assignment, but all good scientists think outside the beaker! He he. Just remember, safety comes first!



Rriiiinnnggg!

Saved by the bell, Mel.

See you tomorrow, Partner!

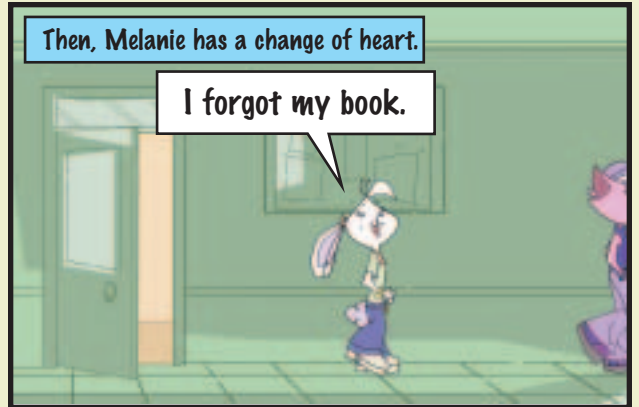


K.B. is disappointed that Melanie decides not to say goodbye.

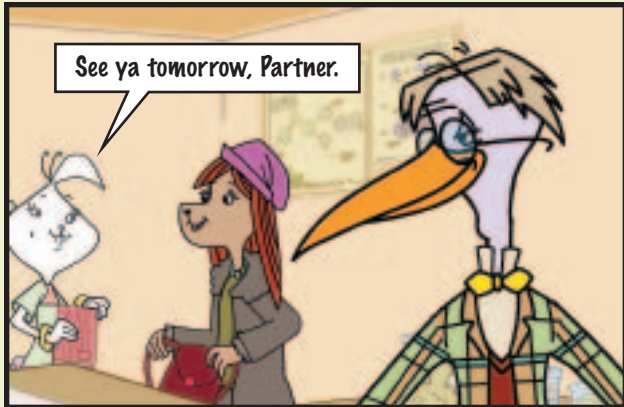


Then, Melanie has a change of heart.

I forgot my book.



See ya tomorrow, Partner.



Check this out. I'm gonna squeeze this pudding down Weemie Weenie's shirt!

Later, at lunch...

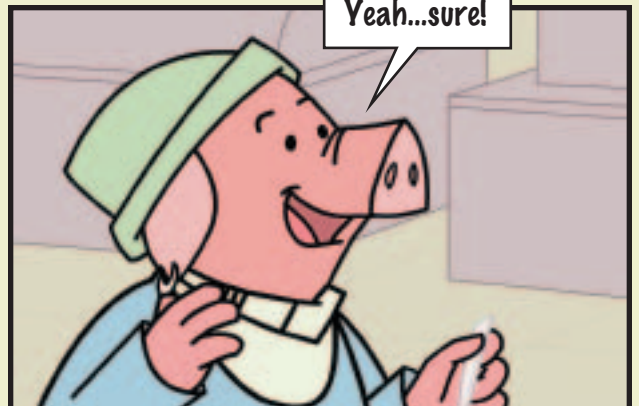


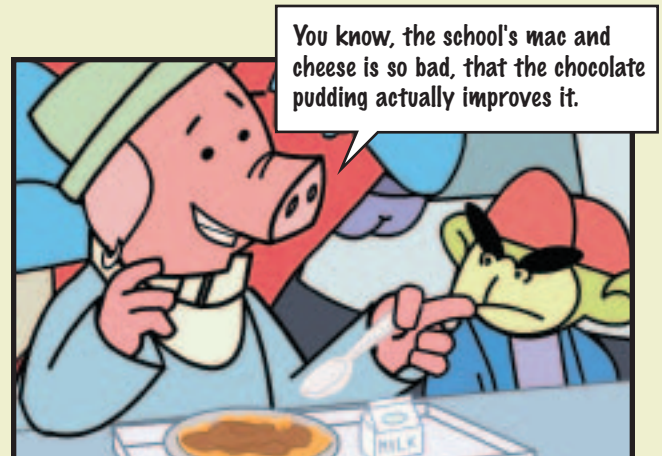
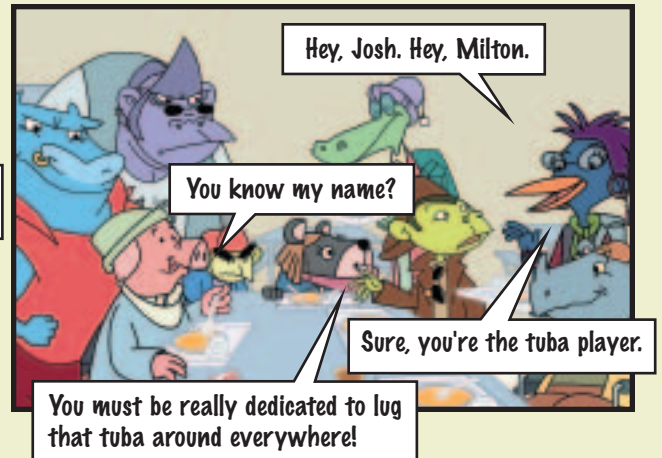
...Josh decides to step in, and lend a hand.

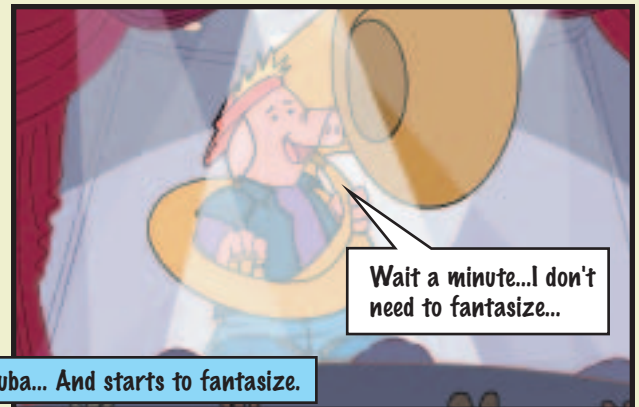
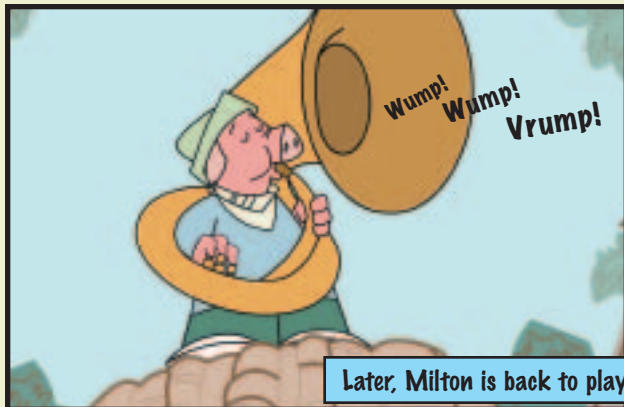
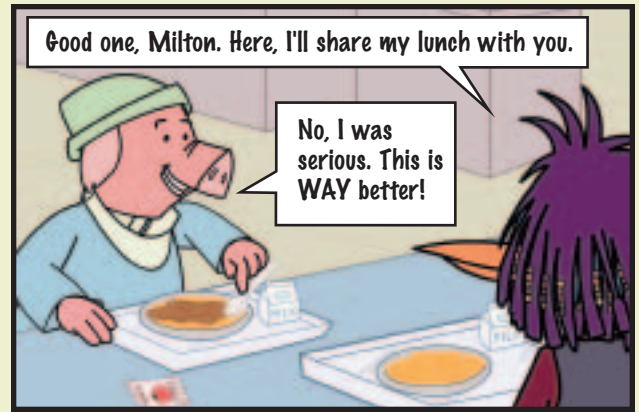
OK if I join you Milton?



Yeah...sure!









A last-minute save from Melanie!

Well! Guess ol' Coach Cruncher was wrong about who the real team players are!



Great teamwork, girls!

Uh! Melanie! Why'd you do that?!



Can it, Cassandra- that's poor sportsmanship. Melanie - let's start off the game with you as team captain. Start your picks.

Um... I pick K.B.

That's it! Melanie, you are officially OUT of the exclusive Cassandra circle!



If you say so.

Hey - thanks for saving my tail when I messed up in science lab.



Aw, that was nothing compared to you saving my nose in soccer!

Guess we make a good team. You helped me in science. I helped you in soccer.

On the way home after practice...

As Coach Cruncher says, "It's all about teamwork!"



Hey, I want you to meet my friends.

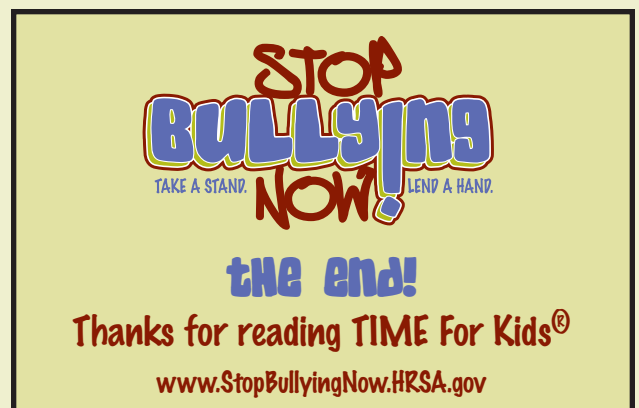
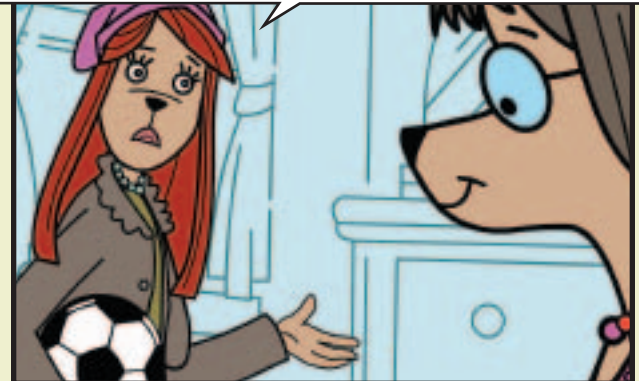
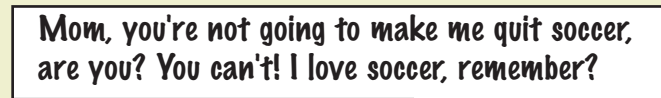
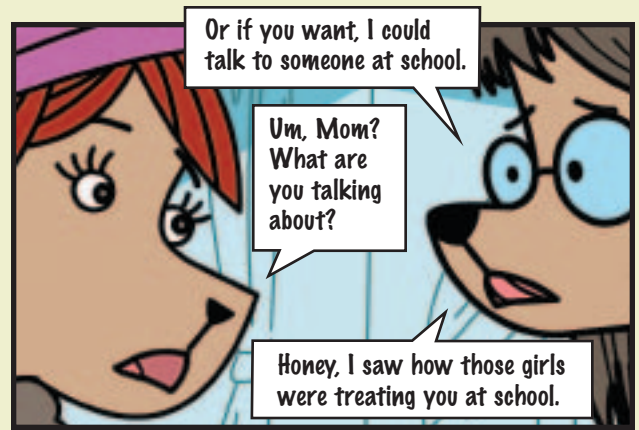
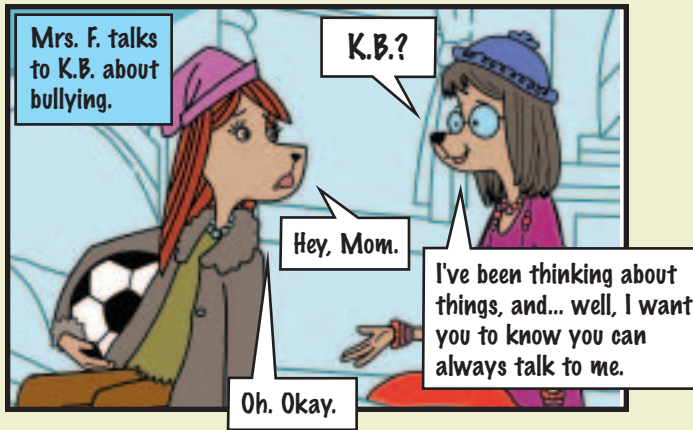


Uh, um, no thanks. I've already met them.

No, not THOSE friends... These friends. K.B., these are my friends, Raven and Lasa. My REAL friends.



Hey, K.B. What's up?



Top 5 Instruments Kids Play

Whether you hope to play at a rock concert or a piano recital, practice is key. Americans ages 5 and up choose to jam on these favorite musical instruments. Take note:

1. Piano
2. Guitar
3. Flute
4. Drums
5. Clarinet



Source: National Association of Music Merchants, 1997

LIST five of your favorite activities. Then be sure to make time for at least one each day.

1. a planet

2. a day of the week

3. an adjective

4. a noun

5. a day of the week

6. a noun

7. a verb (with "-ing")

8. an exotic fruit (plural)

9. a verb (plural)

10. a noun

11. a noun

12. a noun

13. a color

14. a verb

15. a facial feature

16. a verb

17. an exclamation

18. a verb

19. a holiday

20. a holiday

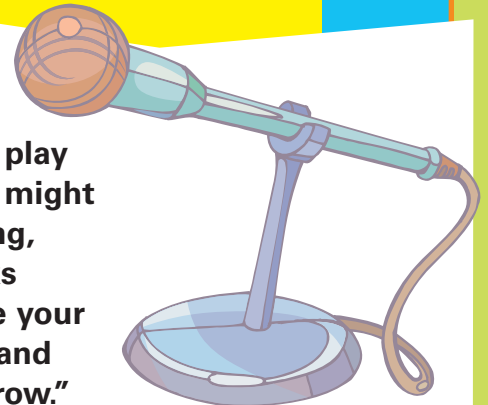
21. a holiday

22. a holiday

23. a span of time

Sing Along

Even if you haven't seen the play or the movie *Annie*, you still might have heard her signature song, "Tomorrow." In it, Annie looks forward to a better day. Write your own song. Then sing it loud and proud to the tune of "Tomorrow."



_____ 1 will come out _____ 2

Bet your _____ 3 _____ 4

That _____ 5 there'll be _____ 6

Just _____ 7 about _____ 8 _____ 9

away the _____ 10, and the _____ 11

'Til there's none!

When I'm stuck with a _____ 12

That's _____ 13,

And lonely, I just _____ 14 out my _____ 15

And _____ 16, and say, _____ 17!

The sun'll come out, tomorrow

So ya gotta _____ 18 on 'til _____ 19

Come what may _____ 20 _____ 21

I love ya _____ 22!

You're always _____ 23 away!

What a Day!

Find your way through a school day, avoiding possible obstacles.



START



FINISH



A-Maze Yourself

In real life, you can't always avoid a bad day or an upsetting situation. Using what you've learned from these magazines and in class discussions, write a list of ways you can take a stand. **Then get started!**
